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**ETHICS**  
*Selections from*  
*Classical and Contemporary Writers*

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TENTH EDITION

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## JEAN-PAUL SARTRE

Existentialism is easy to define. The problem comes later, when trying to understand what the definition means. In the essay that follows, Sartre defines existentialism, simply but not without obscurity, as the view that for human beings "existence precedes essence." Once this dictum is interpreted, it

acquires intense practical significance. Sartre's contention is that there is no fixed human essence, or fixed human nature, that provides a set of objective values that can guide our actions and give meaning to our lives. Rather we are thrown into the world, and as individuals we are both free and confronted with the challenge of choosing our own values and what we are to be. What each of us becomes depends on our own decisions and actions. As we live our lives, we both create ourselves and create a set of values. Sartre's existentialism is a philosophy of radical freedom and radical responsibility. His view of individual human self-creativity has a number of ethical implications, some of which he discusses in this selection.

Although existentialism is an intellectual movement of the 20th century, it had its origins in the 19th, particularly with such writers as Soren Kierkegaard and Friedrich Nietzsche. As Sartre points out, it has taken two divergent paths, one Christian and the other atheistic (which he himself represents). Much existentialist writing, including the bulk of Sartre's own work, has been in the form of literary pieces (plays, novels, short stories) rather than philosophical treatises.

Jean-Paul Sartre was born in 1905, in Paris. After completing his education in France and teaching for several years, he went to Berlin where he studied German philosophy, laying the groundwork for the version of existentialism that he would later develop. During World War II he was active in the French Resistance movement against the German armies of occupation. Following the war, he became the acknowledged leader of the French intellectual *avant garde*, whose unofficial headquarters were the sidewalk cafes on the Parisian Left Bank (of the Seine River). In recognition of his many novels and plays, Sartre was awarded the Nobel prize for literature in 1964, an honor he refused to accept. He died in 1980.

*. . . to say that we invent values means nothing else but this: life has no meaning a priori . . . it is up to you to give it a meaning.*

## Existentialism

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[Existentialism] is the least scandalous, the most austere of doctrines. It is intended strictly for specialists and philosophers. Yet it can be defined easily. What complicates matters is that there are two kinds of existentialists; first, those who are Christian, among whom I would include Jaspers and Gabriel Marcel, both Catholic; and on the other hand the atheistic existentialists among whom I class Heidegger,\* and the French existentialists and myself. What they have in common is that they think that existence precedes essence, or, if you prefer, that subjectivity must be the starting point.

Just what does that mean? Let us consider some object that is manufactured, for example, a book or a paper-cutter: here is an object which has been made by an artisan whose inspiration came from a concept. He referred to the concept of what a paper-cutter is and likewise to a known method of production, which is part of the concept, something which is, by and large, a routine. Thus, the paper-cutter is at once an object produced in a certain way and, on the other hand, one having a specific use; and one cannot postulate a man who produces a paper-cutter but does not know what it is used for. Therefore, let us say that, for the paper-cutter, essence—that is, the ensemble of both the production routines and the properties which enable it to be both produced and defined—precedes existence. Thus, the presence of the paper-cutter or book in front of me is determined. Therefore, we have here a technical view of the world whereby it can be said that production precedes existence.

When we conceive God as the Creator, He is generally thought of as a superior sort of artisan. Whatever doctrine we may be considering, whether one like that of Descartes or that of Leibniz,\*\* we always grant that will more or less follows understanding or, at the very least, accompanies it, and that when God creates He knows exactly what He is creating. Thus, the concept of man in the mind of God is comparable to the concept of a paper-cutter in the mind of the manufacturer, and, following certain techniques and conception, God produces man, just as the artisan, following a definition and a technique, makes a paper-cutter. Thus, the individual man is the realization of a certain concept in the divine intelligence. . . .

Atheistic existentialism, which I represent, . . . states that if God does not exist, there is at least one being in whom existence precedes essence, a being who exists before he can be defined by any concept, and that this being is man, or as Heidegger says, human reality. What is meant here by saying that existence precedes essence? It

\*Karl Jaspers, German philosopher (1883–1969); Gabriel Marcel, French philosopher (1889–1973); Martin Heidegger, German philosopher (1889–1976)—Ed.

\*\*René Descartes, French philosopher (1596–1650); G. W. Leibniz, German philosopher (1646–1716)—Ed.

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means that, first of all, man exists, turns up, appears on the scene, and, only afterwards, defines himself. If man, as the existentialist conceives him, is indefinable, it is because at first he is nothing. Only afterward will he be something, and he himself will have made what he will be. Thus, there is no human nature, since there is no God to conceive it. Not only is man what he conceives himself to be, but he is also only what he wills himself to be after this thrust toward existence.

Man is nothing else but what he makes of himself. Such is the first principle of existentialism. It is also what is called subjectivity, the name we are labeled with when charges are brought against us. But what do we mean by this, if not that man has a greater dignity than a stone or table? For we mean that man first exists, that is, that man first of all is the being who hurls himself toward a future and who is conscious of imagining himself as being in the future. Man is at the start a plan which is aware of itself, rather than a patch of moss, a piece of garbage, or a cauliflower; nothing exists prior to this plan; there is nothing in heaven; man will be what he will have planned to be. Not what he will want to be. Because by the word "will" we generally mean a conscious decision, which is subsequent to what we have already made of ourselves. I may want to belong to a political party, write a book, get married; but all that is only a manifestation of an earlier, more spontaneous choice that is called "will." But if existence really does precede essence, man is responsible for what he is. Thus, existentialism's first move is to make every man aware of what he is and to make the full responsibility of his existence rest on him. And when we say that a man is responsible for himself, we do not only mean that he is responsible for his own individuality, but that he is responsible for all men.

The word subjectivism has two meanings, and our opponents play on the two. Subjectivism means, on the one hand, that an individual chooses and makes himself; and, on the other, that it is impossible for man to transcend human subjectivity. The second of these is the essential meaning of existentialism. When we say that man chooses his own self, we mean that every one of us does likewise; but we also mean by that that in making this choice he also chooses all men. In fact, in creating the man that we want to be, there is not a single one of our acts which does not at the same time create an image of man as we think he ought to be. To choose to be this or that is to affirm at the same time the value of what we choose, because we can never choose evil. We always choose the good, and nothing can be good for us without being good for all. . . .

The existentialists say at once that man is anguish. What that means is this: the man who involves himself and who realizes that he is not only the person he chooses to be, but also a lawmaker who is, at the same time, choosing all mankind as well as himself, cannot help escape the feeling of his total and deep responsibility. Of course, there are many people who are not anxious; but we claim that they are hiding their anxiety, that they are fleeing from it. Certainly, many people believe that when they do something, they themselves are the only ones involved, and when someone says to them, "What if everyone acted that way?" they shrug their shoulders and answer, "Everyone doesn't act that way." But really, one should always ask himself, "What would happen if everybody looked at things that way?" There is no escaping this disturbing thought except by a kind of double-dealing. A man who lies and makes excuses for himself by saying, "Not everybody

does that," is someone with an uneasy conscience, because the act of lying implies that a universal value is conferred upon the lie. . . .

There is no question here of the kind of anguish which would lead to quietism, to inaction. It is a matter of a simple sort of anguish that anybody who has had responsibilities is familiar with. For example, when a military officer takes the responsibility for an attack and sends a certain number of men to death, he chooses to do so, and in the main he alone makes the choice. Doubtless, orders come from above, but they are too broad; he interprets them, and on this interpretation depend the lives of ten or fourteen or twenty men. In making a decision he can not help having a certain anguish. All leaders know this anguish. That doesn't keep them from acting; on the contrary, it is the very condition of their action. For it implies that they envisage a number of possibilities, and when they choose one, they realize that it has value only because it is chosen. We shall see that this kind of anguish, which is the kind that existentialism describes, is explained, in addition, by a direct responsibility to the other men whom it involves. It is not a curtain separating us from action, but is part of action itself.

When we speak of forlornness, a term Heidegger was fond of, we mean only that God does not exist and that we have to face all the consequences of this. The existentialist is strongly opposed to a certain kind of secular ethics which would like to abolish God with the least possible expense. About 1880, some French teachers tried to set up a secular ethics which went something like this: God is a useless and costly hypothesis; we are discarding it; but, meanwhile, in order for there to be an ethics, a society, a civilization, it is essential that certain values be taken seriously and that they be considered as having an *a priori* existence. It must be obligatory, *a priori*, to be honest, not to lie, not to beat your wife, to have children, etc., etc. So we're going to try a little device which will make it possible to show that values exist all the same, inscribed in a heaven of ideas, though otherwise God does not exist. In other words—and this, I believe, is the tendency of everything called reformism in France—nothing will be changed if God does not exist. We shall find ourselves with the same norms of honesty, progress, and humanism, and we shall have made of God an outdated hypothesis which will peacefully die off by itself.

The existentialist, on the contrary, thinks it very distressing that God does not exist, because all possibility of finding values in a heaven of ideas disappears along with Him; there can no longer be an *a priori* Good, since there is no infinite and perfect consciousness to think it. Nowhere is it written that the Good exists, that we must be honest, that we must not lie; because the fact is we are on a plane where there are only men. Dostoevsky said, "If God didn't exist, everything would be possible." That is the very starting point of existentialism. Indeed, everything is permissible if God does not exist, and as a result man is forlorn, because neither within him nor without does he find anything to cling to. He can't start making excuses for himself.

If existence really does precede essence, there is no explaining things away by reference to a fixed and given human nature. In other words, there is no determinism, man is free, man is freedom. On the other hand, if God does not exist, we find no values or commands to turn to which legitimize our conduct. So, in the

bright realm of values, we have no excuse behind us, nor justification before us. We are alone, with no excuses.

That is the idea I shall try to convey when I say that man is condemned to be free. Condemned, because he did not create himself, yet, in other respects is free; because, once thrown into the world, he is responsible for everything he does. . . .

To give you an example which will enable you to understand forlornness better, I shall cite the case of one of my students who came to see me under the following circumstances: his father was on bad terms with his mother, and, moreover, was inclined to be a collaborationist; his older brother had been killed in the German offensive of 1940, and the young man, with somewhat immature but generous feelings, wanted to avenge him. His mother lived alone with him, very much upset by the half-treason of her husband and the death of her older son; the boy was her only consolation.

The boy was faced with the choice of leaving for England and joining the Free French Forces—that is, leaving his mother behind—or remaining with his mother and helping her to carry on. He was fully aware that the woman lived only for him and that his going-off—and perhaps his death—would plunge her into despair. He was also aware that every act that he did for his mother's sake was a sure thing, in the sense that it was helping her to carry on, whereas every effort he made toward going off and fighting was an uncertain move which might run aground and prove completely useless; for example, on his way to England he might, while passing through Spain, be detained indefinitely in a Spanish camp; he might reach England or Algiers and be stuck in an office at a desk job. As a result, he was faced with two very different kinds of action: one, concrete, immediate, but concerning only one individual; the other concerned an incomparably vaster group, a national collectivity, but for that very reason was dubious, and might be interrupted en route. And, at the same time, he was wavering between two kinds of ethics. On the one hand, an ethics of sympathy, of personal devotion; on the other, a broader ethics, but one whose efficacy was more dubious. He had to choose between the two.

Who could help him choose? Christian doctrine? No. Christian doctrine says, "Be charitable, love your neighbor, take the more rugged path, etc., etc." But which is the more rugged path? Whom should he love as a brother? The fighting man or his mother? Which does the greater good, the vague act of fighting in a group, or the concrete one of helping a particular human being to go on living? Who can decide *a priori*? Nobody. No book of ethics can tell him. The Kantian ethics says, "Never treat any person as a means, but as an end." Very well, if I stay with mother, I'll treat her as an end and not as a means; but by virtue of this very fact, I'm running the risk of treating the people around me who are fighting as means; and, conversely, if I go to join those who are fighting, I'll be treating them as an end, and, by doing that, I run the risk of treating my mother as a means.

If values are vague, and if they are always too broad for the concrete and specific case that we are considering, the only thing left for us is to trust our instincts. That's what this young man tried to do; and when I saw him, he said, "In the end, feeling is what counts. I ought to choose whichever pushes me in one direction. If I feel that I love my mother enough to sacrifice everything else for her—my desire for vengeance, for action, for adventure—then I'll stay with her. If, on the contrary, I feel that my love for my mother isn't enough, I'll leave."

But how is the value of a feeling determined? What gives his feeling for his mother value? Precisely the fact that he remained with her. I may say that I like so-and-so well enough to sacrifice a certain amount of money for him, but I may say so only if I've done it. I may say "I love my mother well enough to remain with her" if I have remained with her. The only way to determine the value of this affection is, precisely, to perform an act which confirms and defines it. But, since I require this affection to justify my act, I find myself caught in a vicious circle.

On the other hand, Gide has well said that a mock feeling and a true feeling are almost indistinguishable; to decide that I love my mother and will remain with her, or to remain with her by putting on an act, amount somewhat to the same thing. In other words, the feeling is formed by the acts one performs; so, I can not refer to it in order to act upon it. Which means that I can neither seek within myself the true condition which will impel me to act, nor apply to a system of ethics for concepts which will permit me to act. You will say, "At least, he did go to a teacher for advice." But if you seek advice from a priest, for example, you have chosen this priest; you already knew, more or less, just about what advice he was going to give you. In other words, choosing your adviser is involving yourself. The proof of this is that if you are a Christian, you will say, "Consult a priest." But some priests are collaborating, some are just marking time, some are resisting. Which to choose? If the young man chooses a priest who is resisting or collaborating, he has already decided on the kind of advice he's going to get. Therefore, in coming to see me he knew the answer I was going to give him, and I had only one answer to give: "You're free, choose, that is, invent." No general ethics can show you what is to be done; there are no omens in the world. The Catholics will reply, "But there are." Granted—but, in any case, I myself choose the meaning they have. . . .

The doctrine I am presenting is the very opposite of quietism, since it declares, "There is no reality except in action." Moreover, it goes further, since it adds, "Man is nothing else than his plan; he exists only to the extent that he fulfills himself; he is therefore nothing else than the ensemble of his acts, nothing else than his life."

According to this, we can understand why our doctrine horrifies certain people. Because often the only way they can bear their wretchedness is to think, "Circumstances have been against me. What I've been and done doesn't show my true worth. To be sure, I've had no great love, no great friendship, but that's because I haven't met a man or woman who was worthy. The books I've written haven't been very good because I haven't had the proper leisure. I haven't had children to devote myself to because I didn't find a man with whom I could have spent my life. So there remains within me, unused and quite viable, a host of propensities, inclinations, possibilities, that one wouldn't guess from the mere series of things I've done."

Now, for the existentialist there is really no love other than one which manifests itself in a person's being in love. There is no genius other than one which is expressed in works of art; the genius of Proust is the sum of Proust's works; the genius of Racine is his series of tragedies. Outside of that, there is nothing. Why say that Racine could have written another tragedy, when he didn't write it? A man is involved in life, leaves his impress on it, and outside of that there is nothing. To



be sure, this may seem a harsh thought to someone whose life hasn't been a success. But, on the other hand, it prompts people to understand that reality alone is what counts, that dreams, expectations, and hopes warrant no more than to define a man as a disappointed dream, as miscarried hopes, as vain expectations. In other words, to define him negatively and not positively. However, when we say, "You are nothing else than your life," that does not imply that the artist will be judged solely on the basis of his works of art; a thousand other things will contribute toward summing him up. What we mean is that a man is nothing else than a series of undertakings, that he is the sum, the organization, the ensemble of the relationships which make up these undertakings.

When all is said and done, what we are accused of, at bottom, is not our pessimism, but an optimistic toughness. If people throw up to us our works of fiction in which we write about people who are soft, weak, cowardly, and sometimes even downright bad, it's not because these people are soft, weak, cowardly, or bad; because if we were to say, as Zola did, that they are that way because of heredity, the workings of environment, society, because of biological or psychological determinism, people would be reassured. They would say, "Well, that's what we're like, no one can do anything about it." But when the existentialist writes about a coward, he says that this coward is responsible for his cowardice. He's not like that because he has a cowardly heart or lung or brain; he's not like that on account of his physiological make-up; but he's like that because he has made himself a coward by his acts. There's no such thing as a cowardly constitution; there are nervous constitutions; there is poor blood, as the common people say, or there are strong constitutions. But the man whose blood is poor is not a coward on that account, for what makes cowardice is the act of renouncing or yielding. A constitution is not an act; the coward is defined on the basis of the acts he performs. People feel, in a vague sort of way, that this coward we're talking about is guilty of being a coward, and the thought frightens them. What people would like is that a coward or a hero be born that way. . . .

This does not entirely settle the objection to subjectivism. In fact, the objection still takes several forms. First, there is the following: we are told, "So you're able to do anything, no matter what!" This is expressed in various ways. First we are accused of anarchy; then they say, "You're unable to pass judgment on others, because there's no reason to prefer one configuration to another"; finally they tell us, "Everything is arbitrary in this choosing of yours. You take something from one pocket and pretend you're putting it into the other."

These three objections aren't very serious. Take the first objection. "You're able to do anything, no matter what" is not to the point. In one sense choice is possible, but what is not possible is not to choose. I can always choose, but I ought to know that if I do not choose, I am still choosing. Though this may seem purely formal, it is highly important for keeping fantasy and caprice within bounds. If it is true that in facing a situation, for example, one in which, as a person capable of having sexual relations, of having children, I am obliged to choose an attitude, and if I in any way assume responsibility for a choice which, in involving myself, also involves all mankind, this has nothing to do with caprice, even if no *a priori* value determines my choice. . . .

In the second place, it is said that we are unable to pass judgment on others. In a way this is true, and in another way, false. It is true in this sense, that, whenever a man sanely and sincerely involves himself and chooses his configuration, it is impossible for him to prefer another configuration, regardless of what his own may be in other respects. It is true in this sense, that we do not believe in progress. Progress is betterment. Man is always the same. The situation confronting him varies. Choice always remains a choice in a situation. The problem has not changed since the time one could choose between those for and those against slavery, for example, at the time of the Civil War, and the present time, when one can side with the Maquis Resistance Party, or with the Communists.

But, nevertheless, one can still pass judgment, for, as I have said, one makes a choice in relationship to others. First, one can judge (and this is perhaps not a judgment of value, but a logical judgment) that certain choices are based on error and others on truth. If we have defined man's situation as a free choice, with no excuses and no recourse, every man who takes refuge behind the excuse of his passions, every man who sets up a determinism, is a dishonest man.

The objection may be raised, "But why mayn't he choose himself dishonestly?" I reply that I am not obliged to pass moral judgment on him, but that I do define his dishonesty as an error. One can not help considering the truth of the matter. Dishonesty is obviously a falsehood because it belies the complete freedom of involvement. On the same grounds, I maintain that there is also dishonesty if I choose to state that certain values exist prior to me; it is self-contradictory for me to want them and at the same time state that they are imposed on me. Suppose someone says to me, "What if I want to be dishonest?" I'll answer, "There's no reason for you not to be, but I'm saying that that's what you are, and that the strictly coherent attitude is that of honesty."

Besides, I can bring moral judgment to bear. When I declare that freedom in every concrete circumstance can have no other aim than to want itself, if man has once become aware that in his forlornness he imposes values, he can no longer want but one thing, and that is freedom, as the basis of all values. That doesn't mean that he wants it in the abstract. It means simply that the ultimate meaning of the acts of honest men is the quest for freedom as such. A man who belongs to a communist or revolutionary union wants concrete goals; these goals imply an abstract desire for freedom; but this freedom is wanted in something concrete. We want freedom for freedom's sake and in every particular circumstance. And in wanting freedom we discover that it depends entirely on the freedom of others, and that the freedom of others depends on ours. Of course, freedom as the definition of man does not depend on others, but as soon as there is involvement, I am obliged to want others to have freedom at the same time that I want my own freedom. I can take freedom as my goal only if I take that of others as a goal as well. Consequently, when, in all honesty, I've recognized that man is a being in whom existence precedes essence, that he is a free being who, in various circumstances, can want only his freedom, I have at the same time recognized that I can want only the freedom of others.

Therefore, in the name of this will for freedom, which freedom itself implies, I may pass judgment on those who seek to hide from themselves the complete arbitrariness and the complete freedom of their existence. . . .

The third objection is the following: "You take something from one pocket and put it into the other. That is, fundamentally, values aren't serious, since you choose them." My answer to this is that I'm quite vexed that that's the way it is; but if I've discarded God the Father, there has to be someone to invent values. You've got to take things as they are. Moreover, to say that we invent values means nothing else but this: life has no meaning a priori. Before you come alive, life is nothing; it's up to you to give it a meaning, and value is nothing else but the meaning that you choose. In that way, you see, there is a possibility of creating a human community. . . .

But there is another meaning of humanism. Fundamentally it is this: man is constantly outside of himself; in projecting himself, in losing himself outside of himself, he makes for man's existing; and, on the other hand, it is by pursuing transcendent goals that he is able to exist; man, being this state of passing-beyond, and seizing upon things only as they bear upon this passing-beyond, is at the heart, at the center of this passing-beyond. There is no universe other than a human universe, the universe of human subjectivity. This connection between transcendency, as a constituent element of man—not in the sense that God is transcendent, but in the sense of passing beyond—and subjectivity, in the sense that man is not closed in on himself but is always present in a human universe, is what we call existentialist humanism. Humanism, because we remind man that there is no lawmaker other than himself, and that in his forlornness he will decide by himself; because we point out that man will fulfill himself as man, not in turning toward himself, but in seeking outside of himself a goal which is just this liberation, just this particular fulfillment. . . .

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## Study Questions

1. In the beginning of the selection, Sartre refers to a paper-cutter as an example of something in which "essence precedes existence." What does it mean to say that the essence of a paper-cutter precedes its existence? What would it mean to say of human beings that their essence precedes their existence? What does it mean, in contrast, to say of human beings that "existence precedes essence"?
2. Sartre says that each person is responsible for his or her own life, but that in choosing for oneself, one chooses for all human beings and creates an image of human beings as we think they ought to be. "We always choose the good, and nothing can be good for us without being good for all." Is this claim plausible? What sorts of constraints does he impose on free choices by making this claim?
3. Sartre writes that "man is condemned to be free." What does he mean by this? Is it true?
4. According to Sartre, "If God does not exist, we find no values or commands to turn to which legitimize our conduct." Could there be another source of such values and commands? If so, what?